



SUBSTANCE USE PREVENTION MONTH



Telling the Prevention Story

SUBSTANCE USE PREVENTION MONTH



PREVENTION AIMS TO...

- Prevent *initiation* of substance use
- Prevent *progression* of substance use (to a substance use disorder)
- Prevent and reduce *harms* associated with substance use

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The earlier in life a person starts using alcohol or other drugs, the more likely they are to develop a substance use disorder.

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OVER 3/4 OF YOUTH DON'T USE SUBSTANCES.

Most youth (age 12-17) have never used alcohol, nicotine, or illicit drugs in their lifetime.

- **78%** have never used alcohol
- **80%** have never used nicotine products (tobacco or nicotine vaping)
- **79%** have never used illicit drugs (including marijuana)

Source: 2023 National Survey on Drug Use and Health
(rounded to whole numbers)

SAMHSA
Substance Abuse and Mental Health
Services Administration

